

# Reaching More People in Need

Annual Report FY 2013/2014





"We believe that access to healthy food is a basic human right and not a privilege. All people deserve regular, nutritious meals."

(Excerpt from Tarrant Area Food Bank Values Statement)

Tarrant Area Food Bank continuously explores ways to reach people in need with greater quantities of nutritious food and to reach people who are not yet being served in its 13-county service region. Fiscal Year 2014 was no exception.

During the year, Tarrant Area Food Bank (TAFB) increased the number of sites served by its Pantry Express, Senior Share, BackPacks for Kids and Kids Cafe programs. In addition, the total amount of food distributed through TAFB programs increased significantly, as did the support of food and monetary donors and volunteers.

Echoing reports from TAFB Partner Agencies of a steady increase in the number of people needing food assistance was the hunger study survey conducted by Feeding America and its member regional food banks, including TAFB.

The "Hunger in America 2014" report for Tarrant Area Food Bank showed a 64 percent increase in the number of people seeking food assistance since the last hunger study issued in 2010. The 2014 report estimated that 461,300 different people received assistance from the TAFB network of pantries and meal programs.

#### **OUR SERVICE REGION**

We provide donated and purchased food along with related resources and services to hunger-relief charities in the 13 counties of Cooke, Denton, Wise, Palo Pinto, Parker, Tarrant, Johnson, Hood, Somervell, Erath, Hamilton, Bosque and Hill.

#### **OUR AFFILIATIONS**

Tarrant Area Food Bank is a member of Feeding America, a national network of regional food banks, and a member of Feeding Texas, the state network of Feeding America food banks.

#### **OUR PARTNERSHIPS**

Tarrant Area Food Bank partners with the Texas Department of Agriculture and the U.S. Department of Agriculture. Tarrant Area Food Bank is operated in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the bases of race, color, national origin, age, disability, political beliefs, religion, sex, gender identity, sexual orientation, reprisal and, where applicable, marital status and familial or parental status.

## FEEDING PROGRAMS

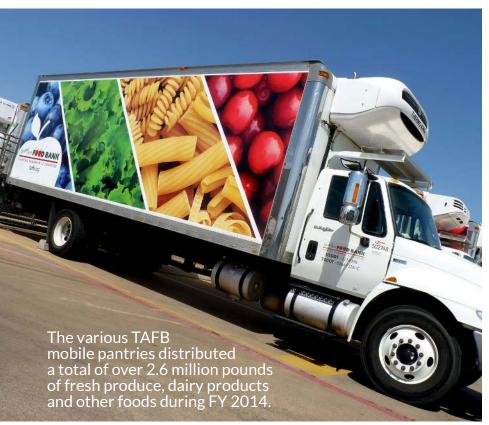
#### **Pantries and Congregate Meal Programs**

- Emergency Groceries: Monthly average of 49,000 households served.
- Meals: Monthly average of over 400,000 meals served in Senior Centers, Kids Cafes, low-income daycare centers, homeless shelters and other social service centers.

#### **MOBILE PANTRIES**

Traditionally, all food donated to Tarrant Area Food Bank has gone to its warehouse to be picked up by Partner Agencies that then distribute it to their clientele. Over the past four years, Tarrant Area Food Bank has developed additional methods of distributing food, especially perishables, to more people and to communities lacking sufficient access to fresh produce and other healthy sources of nutrition.

The primary way TAFB has expanded its reach is by sending trucks loaded with perishable foods such as fresh produce to specified locations where the food is distributed directly to families and individuals in need. Tarrant Area Food Bank has developed various forms of these mobile food pantries to serve different groups in different environments. Of all the mobile pantry distributions, 61 percent were at urban/suburban sites and 39 percent were at rural sites.



Mobile Pantries set up once a month at sites hosted by TAFB Partner Agencies or other community organizations. Distribution increased from 1.6 to 1.9 million pounds, providing an amount of food equivalent to well over 1.5 million meals. On average, 500 families were served per pantry visit.

**Pantry Express**, which drops off fresh foods at several different sites at a time, served 150 to 200 people at each site and for the year distributed over 500,000 pounds of primarily fresh produce.

**Senior Share Pantry Express** delivery sites grew from three to six Senior Centers in Tarrant County receiving a total of 135,000 pounds. At each site, 50 to 100 seniors were served.

**School Pantry**: One Pantry Express visited schools or other community sites in six school districts once a month in Bosque County. The fresh produce and other groceries dropped off were distributed the same day to school-aged children and their families, with an average of 460 households being served each month. A traditional mobile pantry, sponsored by Target and Heart of America, served an average of 330 school-aged children and their families each month at a Fort Worth school.

#### **FOOD FOR KIDS**

In addition to mobile school pantries, three other TAFB Food for Kids programs operate during the school year—BackPacks for Kids, Kids Cafes and In-School Snacks. During the summer, children are fed through TAFB SummerPacks, Summer Meals and the Farmers Market Nutrition Program.

**BackPacks for Kids** provides kid-friendly, shelf-stable food for the weekend to school children. In fall 2013, the program was in 38 schools and ended the spring 2014 semester in 46 schools in seven counties. Each month, on average, 10,000 bags of weekend food were provided for nearly 2,500 children in participating schools plus their school-aged siblings.



The **In-School Snack Program** began as a partnership with Communities in Schools of Greater Tarrant County. Snacks are made available to at-risk students on an "as needed" basis to help them focus and perform well in school. Nine schools in five school districts were added to the program in FY 2014 for a total of 44 schools in 10 Tarrant County school districts. A total of 250,000 snacks were provided.

**Kids Cafes** are designed to feed children who cannot rely on receiving dinner at home. TAFB Kids Cafes serve meals to children participating in after-school programs offering tutoring, sports and other enrichment activities for students. At the end of FY 2014, Kids Cafes served 21 sites. On average, 840 children were fed at the end of each school day.

The **Farmers Market Nutrition Program (FMNP)** provides vouchers through the Texas Department of Agriculture for fresh produce to pregnant or nursing mothers and their young children. Tarrant Area Food Bank works with local farmers and Tarrant County WIC clinics to set up produce markets. From June through September 2013, WIC clients redeemed over \$135,000 worth of vouchers in exchange for over 200,000 pounds of fresh produce.

**Summer Meals for Kids** provides prepared meals and/or snacks to children at community-based sites in primarily low-income areas. During the summer months, TAFB sponsored 27 sites serving an average of 800 kids per day. Some of those sites also served breakfast and/or snacks.

**SummerPacks for Kids** for the weekend were provided each Friday to an average of 2,600 children through a collaboration with the City of Fort Worth.

## SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

#### **TAFB Social Services Outreach Specialists:**

- Submitted 3,170 completed applications and thereby helped hungry families receive public nutrition benefits estimated to provide over 4 million meals.
- These SNAP benefits are estimated to have generated \$15.6 million in the economies of Tarrant Area Food Bank's 13-county service region.

# NUTRITION EDUCATION & JOB TRAINING

#### NUTRITION SERVICES

#### **Nutrition Education**

Cooking Matters® and Cooking Matters at the Store®, curricula from the national organization Share Our Strength, are the core TAFB nutrition education programs. Cooking Matters helps adults and children from low-income households improve their diets through six-week cooking-based nutrition classes. As a complement to Cooking Matters, Cooking Matters at the Store is a workshop tour of grocery stores to help participants make healthy and affordable choices when grocery shopping.

Results: After a 6-week Cooking Matters for Adults course, participants reported they . . .

- Run out of food before getting money to buy food 32 percent less often than before taking the course;
- Cook meals at home instead of buying take-out 40 percent more often:
- Plan meals ahead of time 85 percent more often;
- Compare prices before buying food 75 percent more often;
- Think about healthy food choices 73 percent more often and use the Nutrition Facts label 161 percent more often than they did before the course.

In addition to the Cooking Matters courses, various nutrition information is incorporated into other TAFB programs such as Kids Cafes, School Mobile Pantries and Senior Share Mobile Pantries, and through SNAP outreach, community sites and social media.

#### **Community Gardens**

This program provides education and technical resources to communities and individuals seeking to create sources of home-grown food for themselves and neighbors in need. The 16 partner gardens that TAFB helped establish in previous years reported harvesting over 20,000 pounds of fresh produce of which 80 percent went to the gardeners and 20 percent was donated to neighborhood food pantries, soup kitchens and others in need within the community.



In spring 2014, TAFB staff and volunteers, with the help of Ridglea Christian Church in west Fort Worth and Archie's Gardenland, began transforming a vacant lot into the Tarrant Area Food Bank Learning Garden. The demonstration and training center began offering tours, classes, lending of tools and distribution of seeds in January 2015.



#### **Community Kitchen**

This culinary arts job training program conducts three classes each year. The training includes both life skills and kitchen skills. The program places approximately 85 percent of graduates into jobs within the food service industry. One year after graduation, 85 percent of all graduates were still employed.

During the 14-weeks of training in the Community Kitchen, students also participate in preparing heatand-serve meals from donated food. During FY2014, over 46,000 single serve meals were prepared and offered to TAFB Partner Agencies for distribution to their clientele.

## **COMMUNITY SUPPORT**

#### **VOLUNTEERS**

Volunteers are key to Tarrant Area Food Bank's success. They are the members of the Board of Directors, organizers of food drives, planners and hosts of fundraising events and ambassadors for TAFB in the community. They also volunteer in Quality Control to inspect and box donated food and at Mobile Pantries to distribute food to families and individuals. They teach Cooking Matters classes and volunteer their expertise in various other ways to help TAFB carry out its mission of empowering communities to eliminate hunger.

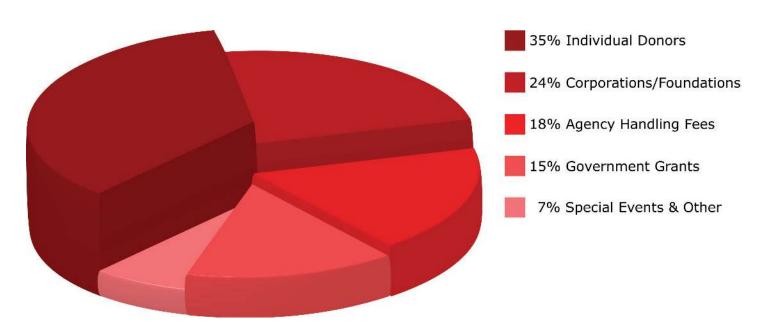
In FY 2014, more than 8,600 different individuals volunteered over 82,000 hours of their time. These volunteers saved TAFB over \$1.9 million in labor costs. TAFB is greatly indebted to the many volunteers who give selflessly of their time and talent.

#### FINANCIAL AND IN-KIND CONTRIBUTIONS

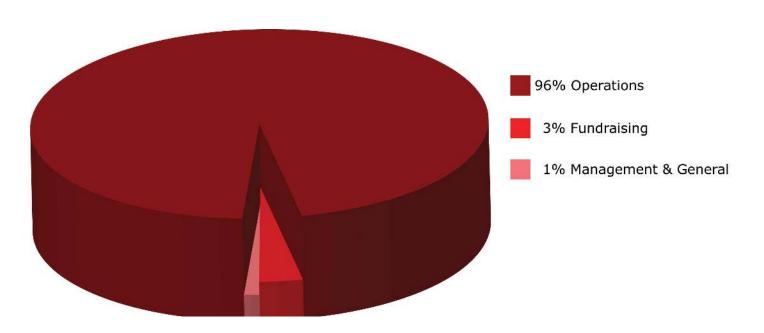
As a nonprofit organization, Tarrant Area Food Bank is supported primarily by private gifts from individuals, corporations, foundations, and community and faith-based groups. Charity Navigator, a major evaluator of charities in the United States, consistently gives Tarrant Area Food Bank its highest rating of four stars for TAFB's sound fiscal management and commitment to accountability, transparency and good governance.

# FISCAL YEAR 2014 at a glance

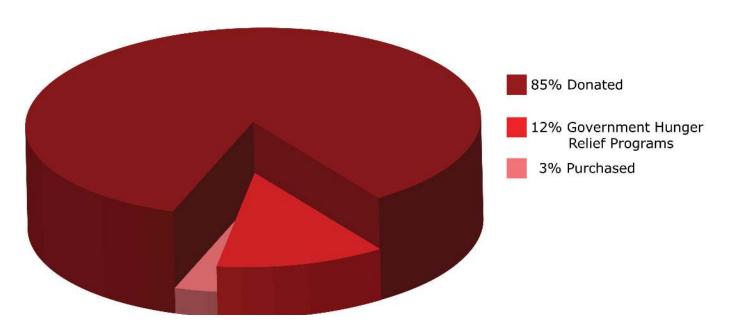
#### **FUNDING SOURCES**



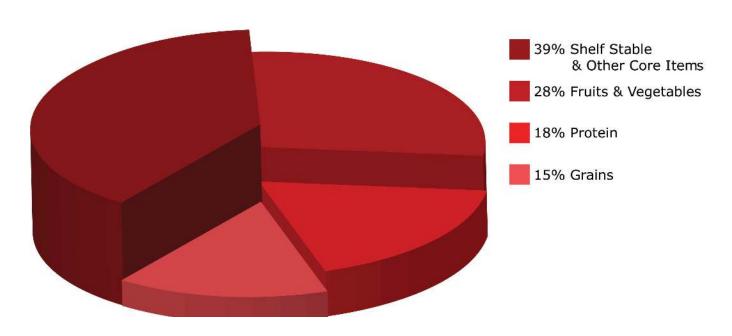
### **USE OF RESOURCES**



### **FOOD SOURCES**



## DISTRIBUTION BY FOOD TYPE



# FINANCIAL SUMMARY JULY 1, 2013 - JUNE 30, 2014

CONSOLIDATED STATEMENT OF FINANCIAL POSITION JUNE 30, 2014 & 2013

Assets	FY 2014	FY 2013
CURRENT ASSETS Cash and Cash Equivalents Grants Receivable Handling Fees Receivable Pledges Receivable Inventory - Food and Commodities Investments Prepaid Expenses	6,789,832 393,316 213,091 661,916 2,615,718 1,177,840 13,104	2,231,258 213,862 145,957 1,250,200 3,876,658 858,389 11,996
Total Current Assets	<b>\$ 11,864,817</b>	\$ 8,588,320
NONCURRENT ASSETS Pledges Receivable Note Receivable Land, Buildings and Equipment, net Other Assets Beneficial Interest in Trust Restricted Endowment Funds	403,000 4,353,000 3,411,910 344,541 395,890 633,288	95,000  3,313,840 36,594 1,237,250 633,288
<b>Total Noncurrent Assets</b>	\$ 9,541,629	\$ 5,315,972
Total Assets	\$ 21,406,446	\$ 13,904,292
Liabilities and Fund Balances		
CURRENT LIABILITIES Accounts Payable and Accrued Liabilities	649,552	274,407 541.170
CURRENT LIABILITIES	649,552  <b>\$ 649,552</b>	274,407 541,170 <b>\$ 815,577</b>
CURRENT LIABILITIES Accounts Payable and Accrued Liabilities Lines of Credit		541,170
CURRENT LIABILITIES Accounts Payable and Accrued Liabilities Lines of Credit  Total Current Liabilities  NONCURRENT LIABILITIES	\$ 649,552	\$ 815,577
CURRENT LIABILITIES Accounts Payable and Accrued Liabilities Lines of Credit  Total Current Liabilities  NONCURRENT LIABILITIES Notes Payable  FUND BALANCES Unrestricted Temporarily Restricted	\$ <b>649,552</b> \$ <b>7,297,025</b> 4,398,769 8,427,812	\$ 917,388 5,070,255 6,467,784

Please see full Audited Financial Statements at tafb.org/AboutUs for independent auditor's notes and other supplementary information, including Consolidated Statements of Cash Flows, that is integral to the consolidated financial statements.

# CONSOLIDATED STATEMENT OF ACTIVITIES JUNE 30, 2014 & 2013

Public Support and Revenues	FY 2014	FY 2013
PUBLIC SUPPORT Donated Food and Commodities Public Contributions (Individuals/Foundations/Corporations)	53,326,879 8,330,528	45,608,652 6,444,271
Special Events, net	415,345	258,761
Total Public Support	\$ 62,072,752	\$ 52,311,684
REVENUES Handling Fees (Partner Agencies pay shared maintenance fee to help defray food-handling costs)	1,573,223	1,867,126
Investment Income Change in value of beneficial interest in trust Other Revenue	365,067 438,140 32,134	166,587 (23,351) 63,958
Total Revenue	\$ 2,408,564	\$ 2,074,320
Government Grants and Cost Reimbursements	1,606,601	1,550,809
Total Support and Revenues	\$ 66,087,917	\$ 55,936,813
<b>Expenses</b> PROGRAM Warehouse Operations, Feeding Programs, Nutrition Education and Job Training)	62,568,174	55,936,813
SUPPORT SERVICES Management and General Fundraising	526,285 1,704,916	442,100 1,485,056
Total Expenses	\$ 64,799,375	\$ 53,667,216
Change in Net Assests	\$ 1,288,542	\$ 2,269,597

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## TARRANT AREA FOOD BANK BOARD OF DIRECTORS 2013-2014

**President** 

**Charles Boswell** 

Office of State Senator Wendy Davis

**Past President** 

**Doug Renfro** 

Renfro Foods

**Treasurer** 

**Robert Drummond** 

Frost Bank

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**Catherine Carlton** 

MHMR of Tarrant County

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Larry Anfin, Coors Distributing Company Fort Worth

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Heather Kitzman-Ulrich, University of North Texas Health Science Center

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