Reaching More People in Need

Annual Report FY 2013/2014
OUR MISSION
Empowering communities to eliminate hunger by providing food, education and resources through innovation and collaboration.

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4 Nutrition Education and Job Training
5 Community Support
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We believe that access to healthy food is a basic human right and not a privilege. All people deserve regular, nutritious meals.”

(Excerpt from Tarrant Area Food Bank Values Statement)

Tarrant Area Food Bank continuously explores ways to reach people in need with greater quantities of nutritious food and to reach people who are not yet being served in its 13-county service region. Fiscal Year 2014 was no exception.

During the year, Tarrant Area Food Bank (TAFB) increased the number of sites served by its Pantry Express, Senior Share, BackPacks for Kids and Kids Cafe programs. In addition, the total amount of food distributed through TAFB programs increased significantly, as did the support of food and monetary donors and volunteers.

Echoing reports from TAFB Partner Agencies of a steady increase in the number of people needing food assistance was the hunger study survey conducted by Feeding America and its member regional food banks, including TAFB.

The “Hunger in America 2014” report for Tarrant Area Food Bank showed a 64 percent increase in the number of people seeking food assistance since the last hunger study issued in 2010. The 2014 report estimated that 461,300 different people received assistance from the TAFB network of pantries and meal programs.

Our Service Region
We provide donated and purchased food along with related resources and services to hunger-relief charities in the 13 counties of Cooke, Denton, Wise, Palo Pinto, Parker, Tarrant, Johnson, Hood, Somervell, Erath, Hamilton, Bosque and Hill.

Our Affiliations
Tarrant Area Food Bank is a member of Feeding America, a national network of regional food banks, and a member of Feeding Texas, the state network of Feeding America food banks.

Our Partnerships
Tarrant Area Food Bank partners with the Texas Department of Agriculture and the U.S. Department of Agriculture. Tarrant Area Food Bank is operated in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the bases of race, color, national origin, age, disability, political beliefs, religion, sex, gender identity, sexual orientation, reprisal and, where applicable, marital status and familial or parental status.
FEEDING PROGRAMS

Pantries and Congregate Meal Programs
- Emergency Groceries: Monthly average of 49,000 households served.
- Meals: Monthly average of over 400,000 meals served in Senior Centers, Kids Cafes, low-income daycare centers, homeless shelters and other social service centers.

MOBILE PANTRIES

Traditionally, all food donated to Tarrant Area Food Bank has gone to its warehouse to be picked up by Partner Agencies that then distribute it to their clientele. Over the past four years, Tarrant Area Food Bank has developed additional methods of distributing food, especially perishables, to more people and to communities lacking sufficient access to fresh produce and other healthy sources of nutrition.

The primary way TAFB has expanded its reach is by sending trucks loaded with perishable foods such as fresh produce to specified locations where the food is distributed directly to families and individuals in need. Tarrant Area Food Bank has developed various forms of these mobile food pantries to serve different groups in different environments. Of all the mobile pantry distributions, 61 percent were at urban/suburban sites and 39 percent were at rural sites.

Mobile Pantries set up once a month at sites hosted by TAFB Partner Agencies or other community organizations. Distribution increased from 1.6 to 1.9 million pounds, providing an amount of food equivalent to well over 1.5 million meals. On average, 500 families were served per pantry visit.

Pantry Express, which drops off fresh foods at several different sites at a time, served 150 to 200 people at each site and for the year distributed over 500,000 pounds of primarily fresh produce.

Senior Share Pantry Express delivery sites grew from three to six Senior Centers in Tarrant County receiving a total of 135,000 pounds. At each site, 50 to 100 seniors were served.

School Pantry: One Pantry Express visited schools or other community sites in six school districts once a month in Bosque County. The fresh produce and other groceries dropped off were distributed the same day to school-aged children and their families, with an average of 460 households being served each month. A traditional mobile pantry, sponsored by Target and Heart of America, served an average of 330 school-aged children and their families each month at a Fort Worth school.
FOOD FOR KIDS

In addition to mobile school pantries, three other TAFB Food for Kids programs operate during the school year—BackPacks for Kids, Kids Cafes and In-School Snacks. During the summer, children are fed through TAFB SummerPacks, Summer Meals and the Farmers Market Nutrition Program.

**BackPacks for Kids** provides kid-friendly, shelf-stable food for the weekend to school children. In fall 2013, the program was in 38 schools and ended the spring 2014 semester in 46 schools in seven counties. Each month, on average, 10,000 bags of weekend food were provided for nearly 2,500 children in participating schools plus their school-aged siblings.

The **In-School Snack Program** began as a partnership with Communities in Schools of Greater Tarrant County. Snacks are made available to at-risk students on an “as needed” basis to help them focus and perform well in school. Nine schools in five school districts were added to the program in FY 2014 for a total of 44 schools in 10 Tarrant County school districts. A total of 250,000 snacks were provided.

**Kids Cafes** are designed to feed children who cannot rely on receiving dinner at home. TAFB Kids Cafes serve meals to children participating in after-school programs offering tutoring, sports and other enrichment activities for students. At the end of FY 2014, Kids Cafes served 21 sites. On average, 840 children were fed at the end of each school day.

The **Farmers Market Nutrition Program (FMNP)** provides vouchers through the Texas Department of Agriculture for fresh produce to pregnant or nursing mothers and their young children. Tarrant Area Food Bank works with local farmers and Tarrant County WIC clinics to set up produce markets. From June through September 2013, WIC clients redeemed over $135,000 worth of vouchers in exchange for over 200,000 pounds of fresh produce.

**Summer Meals for Kids** provides prepared meals and/or snacks to children at community-based sites in primarily low-income areas. During the summer months, TAFB sponsored 27 sites serving an average of 800 kids per day. Some of those sites also served breakfast and/or snacks.

**SummerPacks for Kids** for the weekend were provided each Friday to an average of 2,600 children through a collaboration with the City of Fort Worth.

SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)

**TAFB Social Services Outreach Specialists:**
- Submitted 3,170 completed applications and thereby helped hungry families receive public nutrition benefits estimated to provide over 4 million meals.
- These SNAP benefits are estimated to have generated $15.6 million in the economies of Tarrant Area Food Bank’s 13-county service region.
NUTRITION EDUCATION & JOB TRAINING

NUTRITION SERVICES

Nutrition Education
Cooking Matters® and Cooking Matters at the Store®, curricula from the national organization Share Our Strength, are the core TAFB nutrition education programs. Cooking Matters helps adults and children from low-income households improve their diets through six-week cooking-based nutrition classes. As a complement to Cooking Matters, Cooking Matters at the Store is a workshop tour of grocery stores to help participants make healthy and affordable choices when grocery shopping.

Results: After a 6-week Cooking Matters for Adults course, participants reported they . . .
- Run out of food before getting money to buy food 32 percent less often than before taking the course;
- Cook meals at home instead of buying take-out 40 percent more often;
- Plan meals ahead of time 85 percent more often;
- Compare prices before buying food 75 percent more often;
- Think about healthy food choices 73 percent more often and use the Nutrition Facts label 161 percent more often than they did before the course.

In addition to the Cooking Matters courses, various nutrition information is incorporated into other TAFB programs such as Kids Cafes, School Mobile Pantries and Senior Share Mobile Pantries, and through SNAP outreach, community sites and social media.

Community Gardens
This program provides education and technical resources to communities and individuals seeking to create sources of home-grown food for themselves and neighbors in need. The 16 partner gardens that TAFB helped establish in previous years reported harvesting over 20,000 pounds of fresh produce of which 80 percent went to the gardeners and 20 percent was donated to neighborhood food pantries, soup kitchens and others in need within the community.

In spring 2014, TAFB staff and volunteers, with the help of Ridglea Christian Church in west Fort Worth and Archie’s Gardenland, began transforming a vacant lot into the Tarrant Area Food Bank Learning Garden. The demonstration and training center began offering tours, classes, lending of tools and distribution of seeds in January 2015.
Community Kitchen
This culinary arts job training program conducts three classes each year. The training includes both life skills and kitchen skills. The program places approximately 85 percent of graduates into jobs within the food service industry. One year after graduation, 85 percent of all graduates were still employed.

During the 14-weeks of training in the Community Kitchen, students also participate in preparing heat-and-serve meals from donated food. During FY2014, over 46,000 single serve meals were prepared and offered to TAFB Partner Agencies for distribution to their clientele.

COMMUNITY SUPPORT

VOLUNTEERS
Volunteers are key to Tarrant Area Food Bank’s success. They are the members of the Board of Directors, organizers of food drives, planners and hosts of fundraising events and ambassadors for TAFB in the community. They also volunteer in Quality Control to inspect and box donated food and at Mobile Pantries to distribute food to families and individuals. They teach Cooking Matters classes and volunteer their expertise in various other ways to help TAFB carry out its mission of empowering communities to eliminate hunger.

In FY 2014, more than 8,600 different individuals volunteered over 82,000 hours of their time. These volunteers saved TAFB over $1.9 million in labor costs. TAFB is greatly indebted to the many volunteers who give selflessly of their time and talent.

FINANCIAL AND IN-KIND CONTRIBUTIONS
As a nonprofit organization, Tarrant Area Food Bank is supported primarily by private gifts from individuals, corporations, foundations, and community and faith-based groups. Charity Navigator, a major evaluator of charities in the United States, consistently gives Tarrant Area Food Bank its highest rating of four stars for TAFB’s sound fiscal management and commitment to accountability, transparency and good governance.
FISCAL YEAR 2014 at a glance

FUNDING SOURCES

- 35% Individual Donors
- 24% Corporations/Foundations
- 18% Agency Handling Fees
- 15% Government Grants
- 7% Special Events & Other

USE OF RESOURCES

- 96% Operations
- 3% Fundraising
- 1% Management & General
FOOD SOURCES

DISTRIBUTION BY FOOD TYPE
## FINANCIAL SUMMARY
### JULY 1, 2013 - JUNE 30, 2014

### CONSOLIDATED STATEMENT OF FINANCIAL POSITION
#### JUNE 30, 2014 & 2013

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<thead>
<tr>
<th>Assets</th>
<th>FY 2014</th>
<th>FY 2013</th>
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</thead>
<tbody>
<tr>
<td><strong>CURRENT ASSETS</strong></td>
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<td>Cash and Cash Equivalents</td>
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<td>Grants Receivable</td>
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<td>Handling Fees Receivable</td>
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<td>Pledges Receivable</td>
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<td>Inventory - Food and Commodities</td>
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<td>Investments</td>
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<td>Prepaid Expenses</td>
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<td><strong>NONCURRENT ASSETS</strong></td>
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<td>Pledges Receivable</td>
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<td>95,000</td>
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<td>Note Receivable</td>
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<td>Land, Buildings and Equipment, net</td>
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<td>Other Assets</td>
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<td>Restricted Endowment Funds</td>
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<td><strong>Total Noncurrent Assets</strong></td>
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<tr>
<td><strong>Total Assets</strong></td>
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<td>$13,904,292</td>
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### Liabilities and Fund Balances

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<tr>
<th>Liabilities and Fund Balances</th>
<th>FY 2014</th>
<th>FY 2013</th>
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<tr>
<td><strong>CURRENT LIABILITIES</strong></td>
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<tr>
<td>Accounts Payable and Accrued Liabilities</td>
<td>649,552</td>
<td>274,407</td>
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<td>Lines of Credit</td>
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<td><strong>NONCURRENT LIABILITIES</strong></td>
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<td>Notes Payable</td>
<td>$7,297,025</td>
<td>$917,388</td>
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### FUND BALANCES

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<tr>
<th>FUND BALANCES</th>
<th>FY 2014</th>
<th>FY 2013</th>
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<tr>
<td>Unrestricted</td>
<td>4,398,769</td>
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<td>Temporarily Restricted</td>
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<td>Permanently Restricted</td>
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<td><strong>Total Fund Balances</strong></td>
<td>$13,459,869</td>
<td>$12,171,327</td>
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<tr>
<td><strong>Total Liabilities and Fund Balances</strong></td>
<td>$21,406,446</td>
<td>$13,904,292</td>
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</tbody>
</table>

Please see full Audited Financial Statements at tafb.org/AboutUs for independent auditor’s notes and other supplementary information, including Consolidated Statements of Cash Flows, that is integral to the consolidated financial statements.
**CONSOLIDATED STATEMENT OF ACTIVITIES**  
**JUNE 30, 2014 & 2013**

### Public Support and Revenues

#### PUBLIC SUPPORT

- **Donated Food and Commodities**: 53,326,879  
- **Public Contributions**: 8,330,528  
  - (Individuals/Foundations/Corporations)  
- **Special Events, net**: 415,345

#### Total Public Support  
**FY 2014**: $62,072,752  
**FY 2013**: $52,311,684

#### REVENUES

- **Handling Fees (Partner Agencies pay shared maintenance fee to help defray food-handling costs)**: 1,573,223  
- **Investment Income**: 365,067  
- **Change in value of beneficial interest in trust**: 438,140  
- **Other Revenue**: 32,134

#### Total Revenue  
**FY 2014**: $2,408,564  
**FY 2013**: $2,074,320

- **Government Grants and Cost Reimbursements**: 1,606,601  

#### Total Support and Revenues  
**FY 2014**: $66,087,917  
**FY 2013**: $55,936,813

### Expenses

#### PROGRAM

- **Warehouse Operations, Feeding Programs, Nutrition Education and Job Training)**: 62,568,174  

#### SUPPORT SERVICES

- **Management and General**: 526,285  
- **Fundraising**: 1,704,916

#### Total Expenses  
**FY 2014**: $64,799,375  
**FY 2013**: $53,667,216

#### Change in Net Assets  
**FY 2014**: $1,288,542  
**FY 2013**: $2,269,597

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Please see full Audited Financial Statements at tafb.org/AboutUs for independent auditor’s notes and other supplementary information, including Consolidated Statements of Cash Flows, that is integral to the consolidated financial statements.
TARRANT AREA FOOD BANK
BOARD OF DIRECTORS 2013-2014

President
Charles Boswell
Office of State Senator Wendy Davis

Past President
Doug Renfro
Renfro Foods

Treasurer
Robert Drummond
Frost Bank

Secretary
Catherine Carlton
MHMR of Tarrant County

Directors
Marsha Abeson, Nutritionist and Community Volunteer
Larry Anfin, Coors Distributing Company Fort Worth
Ann Farmer, Tarrant County Government
Andrew O. Fort, Texas Christian University
Bill Johnson, Infrared Diagnostics, LLC
Austin Jourde, Central Market
Heather Kitzman-Ulrich, University of North Texas Health Science Center
Ceret Leyva, Standard Meat Company
Shannon McOwen, Central Market/Southlake
Dave Monaghan, Capital One Bank Fort Worth
Fred Moye, CTI Foods
Theresa Nash, Cook Children’s Medical Center
Jeff Paladini, Karsten Advisors
Gene Ratliff, O.B. Macaroni Company
Charles Weiss, Blue Bell Creamery
Rick Wollmann, The Kroger Company
Richard Zavala, City of Fort Worth
OUR VALUES
Tarrant Area Food Bank values and embraces diversity, fairness and inclusion as fundamental to our vision of empowering communities where no one has to go hungry.

We believe that access to healthy food is a basic human right and not a privilege. All people deserve regular, nutritious meals.

We are committed to conducting honest dialogue with all community partners. Through this dialogue, we will strive to continuously improve.