# FEEDBACK (III)

Tarrant Area Food Bank Newsletter
Spring 2024





### YOU CARE FOR THE CAREGIVERS

Tony and Magie have been lovingly taking care of each other for the past 14 years — and they're grateful for friends like you who help care for them both when there's little room left in the budget for nutritious food.

"This is a great supplement, more of a lifeline," Tony says on a visit to the Neighborhood Needs Food Pantry in Fort Worth, a TAFB Partner Agency.

Tony, 67, retired 17 years ago from work in home construction after being diagnosed with arthritis that left him in too much pain to continue working.

Magie, 65, is currently in remission from throat cancer. Both Magie and Tony now rely on Social Security disability income to pay for monthly expenses.

"Social Security is not a whole lot of money with rent," Tony says.

### "THIS IS A GREAT SUPPLEMENT, MORE OF A LIFELINE."

Thankfully, the couple can pick up plenty of nutritious food at Neighborhood Needs. They have visited the food pantry since receiving Magie's cancer diagnosis.

"These places help," she says.

Magie says she and Tony would have to live with the bare minimum if it weren't for the food they receive from the food pantry — and right now nutritious food is especially essential for Magie's continued recovery.



"Nothing goes to waste," she says of the groceries they receive.

Both Magie and Tony share their appreciation for your generosity that helps them live life more fully. The couple enjoys visits to thrift stores and garage sales together for fun.

"Thank you for all your help," Tony says to donors like you.

### PROGRAM FEATURE

### EXPANDING PARTNERSHIP WITH TRUE LOVE SANCTUARY



True Love Sanctuary C.H.S.C. church in Fort Worth has been active in hunger relief for many years, and plans are for a new on-site brick and mortar food pantry to help even more neighbors.

Bishop Michael Williams says he hopes the pantry will be a "beacon in the community" and "an open door for everyone."

While True Love Sanctuary is known to distribute nutritious food on a massive scale for special occasions

such as Thanksgiving, the new pantry will provide community members with food on a more regular basis, through partnership with TAFB.

"I thank God for Tarrant Area Food Bank," Williams says.

Thank you for joining with TAFB to create even more ways for our neighbors to gain access to nutritious food throughout our communities! We look forward to partnering even more with the True Love Sanctuary Food Pantry.

### **BANK ON WOMEN 2024**

March 7, 4 p.m. to 6 p.m. | TAFB's Morris Foundation Distribution Center

Bank on Women celebrates women in business and philanthropy and this year, we will be honoring Kelsey Patterson (The Big Good) and Pam Ward (MW Cares) for their continued support and contribution to our holiday distributions. To purchase a table or sponsorship, please contact megan.smock@tafb.org.



## YOU SHARE HOPE AND HEALTHY MEAL

"I've actually lost weight since I've been here...not because they don't feed us, but because they feed us good food."

Jack has no complaints at all when it comes to the breakfast, lunch and dinner he eats each day at Our Daily Bread in Denton, a TAFB Partner Agency. He's been staying here for the past two months.

When he first arrived, Jack had just been hospitalized and learned he was in kidney failure. He says the food he eats at Our Daily Bread is helping him improve his health little by little.

#### "THIS PLACE HAS SAVED MY LIFE."

"They do their best to make it nutritious," he says of the meals.

After living in an environment where he felt very unsafe, Jack is taking time to get back on his feet, improve his health and make a fresh start. He credits Our Daily Bread and friends like you for helping.

"This is my safe haven," he says of Our Daily Bread. "This place has saved my life."

Your generosity helps provide a beacon of hope for so many people in our shared communities. Thank you for joining with TAFB this spring to provide nutritious food and hope.





### EMPTY BOWLS 2024 -

April 26, 11 a.m. to 1 p.m. | Will Rogers Memorial Center

For more than 20 years, local artists and chefs have come together to fight hunger through Empty Bowls. As a guest of the signature event, you can select a hand-crafted bowl as you stroll the venue, sampling each chef's signature dish. Don't miss this distinctive combination of food and art that can only be found at Empty bowls in Fort Worth! Tickets are on sale now at www.tafb.org.

### **LETTER FROM JULIE**



Dear Caring Community,

Thank you, friends! Because of your generosity, we've started this year on the best note possible, providing plenty of nutritious food across our shared communities.

As you know, that's especially critical for our older neighbors who often rely on fixed incomes to pay the bills. One little change — like unexpected medical costs — can be devastating to the budget.

Plus, while the cost of living remains so high, it's a challenge for neighbors of all ages to keep up with the cost of nutritious groceries.

That's why I'm so encouraged, and I'm celebrating amazing friends like you who work together with TAFB to make sure every neighbor has regular access to nutritious food.

In February, we also celebrate Black History Month. I hope you'll join us in honoring, recognizing and celebrating the history, accomplishments and importance of Black Americans — especially Black Americans here in the Tarrant area who have helped make our communities the very best places to call home.

In this edition of *Feedback*, I hope you enjoy reading about how grateful neighbors like Jack (page 4) are for your kindness. He says the help he found at TAFB Partner Agency Our Daily Bread "saved my life."

I am so grateful for your ongoing partnership as we continue to empower our communities to alleviate hunger this spring.

Sincerely,

**Julie Butner** 

President & CEO

### **MAKE A LEGACY GIFT**



Please consider including Tarrant Area Food Bank in your legacy plans through a will, trust, life insurance gift or other legacy gift. Through these special contributions, friends like you can help nourish our community for many years to come. To learn more about legacy planning, please contact Stephen Raeside, Chief Development & External Affairs Officer, for more information at 817.857.7125 or, stephen.raeside@tafb.org.

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