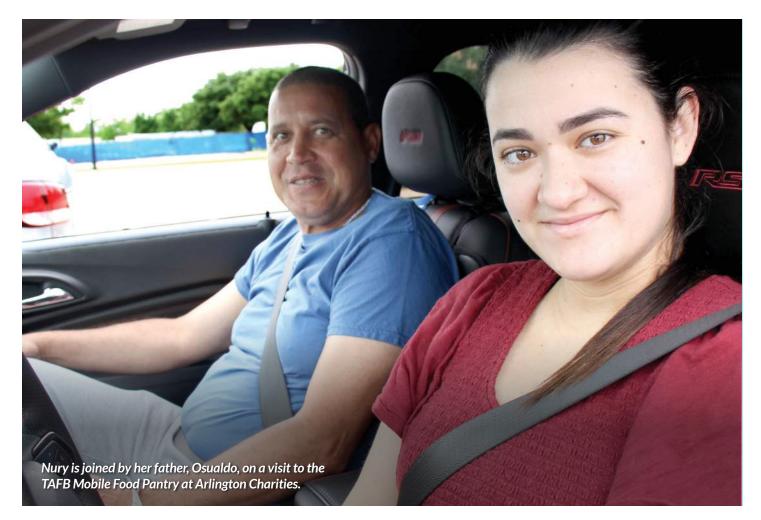
FEEDBACK (

Tarrant Area Food Bank Newsletter Holiday 2024



YOU GIVE FOOD TO FILL NEIGHBOR'S TABLES

Nury has a lot to look forward to. She plans to pursue a degree in criminal justice and eventually join the police force. And most exciting of all, she looks forward to welcoming her first baby with her husband, Andy.

In the meantime, Nury has something else on her agenda — thanking friends like you for helping put food on her family's table this holiday season.

"I appreciate all the effort," she says.

Nury, originally from Cuba, immigrated to the United States 10 years ago, followed by her parents several years later. While her parents wait for work permits, Nury and Andy are supporting them.

Though Nury previously worked as a package delivery driver for Amazon, she had to stop working due to pregnancy sickness. Andy works at a car wash, and his is the sole income for the family right now.

"Thank you for helping feed the community."

Latonia displays some of the food she's receiving for her family on a visit to the food pantry at Central Storehouse.

YOU GIVE HOPE TO LOCAL FAMILIES

Latonia is a proud mother to two children, and she's even known as "mom" of her group of friends — she's grateful for the support you provide so she can better care for everyone around her.

That's because Latonia can visit the food pantry at Central Storehouse, a TAFB Agency Partner, to supplement her grocery budget. She says she started visiting the food pantry as the cost of living increased.

"They give very good quality of food," she says. "Everything is always so fresh and there are very good options for my kids."

Latonia currently does hair and nail care from her home so she can also care for her children, 3-yearold Tavares and 1-year-old Da'Corion. She is also taking college courses to become a pediatric nurse.

Currently, Latonia receives SNAP benefits, but she says the food she brings home from the pantry is especially helpful and includes items she loves like ground beef, and items her kids especially love like Cheerios.

"Thank you for helping feed the community and for helping to make our family lives better," she says to friends like you.

Thank you for joining TAFB to make holidays brighter for so many neighbors. You are a shining example of what this season is all about.

MAHJ FOR MEALS



It was another incredible year of Mahj for Meals! This year's event raised \$364,000, which equals 1.8 million healthy meals for our neighbors!

We are grateful for the support of over 400 community members, this year's event chairs, Meredith Ray and Mackenzie Zwick and the event committee. Save the date for 2025 Mahj for Meals on Wednesday, September 24th!

Holida



(continue from page 1)

Thanks to friends like you, Nury can visit the TAFB Mobile Food Pantry at Arlington Charities to pick up food for her family. Nury says she enjoys cooking and often prepares traditional Cuban cuisine.

Eating together as a family is important for Nury – especially as her family continues to grow. She's grateful for friends like you who make it possible for her to fill the family's table with healthy food right now.

"THANK YOU FOR EVERYTHING THAT'S PROVIDED,"

she says to generous supporters like you.

This holiday season, and throughout the year, thank you for helping alleviate hunger across our communities.

GIVING JOY WITH GOLF AND FOOD



Don Richmond doesn't consider himself a great golfer, but he thoroughly enjoys getting together with friends for a round of golf and a good, shared meal. With these passions in mind, an idea was born. In 2015, Don helped launch the first golf tournament to raise money for TAFB to marry his love for golf and desire for all neighbors to be able to enjoy a meal with friends and family. In the first year, \$705 was raised.

Since then, Don has organized eight golf tournaments in support of TAFB's mission, raising a total of \$18,545.

"If your passion is golf, we can use you at the tournament," Don encourages of the event, typically held annually in May.

If you or someone you know is interested, please email Don at sitsi.golf@gmail.com for more information. Don typically begins preparation for the event in January each year.



ADD "ENDING HUNGER" TO YOUR WISH LIST!

TAFB is fighting hunger during the holidays by providing a way for supporters to provide food for our neighbors, in honor of someone you love. Flip through the Holidays of Hope Gift Catalog online to learn about the different foods and programs offered by TAFB year-round, then select your items to donate. Once a donation is made, your honoree will receive a special e-card to notify them of the gift. The holiday season brings much uncertainty for many families as to where their next meal will come from.



LETTER FROM JULIE



Dear Caring Community,

What does it look like to **alleviate hunger** and **improve health** during the holiday season?

It looks a lot like the stories

you'll read in this special holiday edition of *Feedback* — stories that have a common thread because each one is woven together with the generosity of friends like *you*.

Through your willingness to give your time and show up with a smile, your generosity to share what you have, your voice to advocate...you **give joy**.

With the assurance that there will be somewhere to turn for our community members when all else fails and that together, we are all working for a future without hunger...you **give hope**. Through your kindness not only during this special season of sharing, but all year long...you **give food**.

It is exactly because of this spirit of giving across this community that we can look to the year ahead with great anticipation. Amazing things are coming our way.

As we turn our focus to this season of sharing, I hope you'll continue to join TAFB to *Give Joy*, *Give Hope and Give Food* to our neighbors, alleviating hunger and improving health for all.

Thank you! I look forward to partnering with you again in the new year!

Happy Holidays,



MAKE A LEGACY GIFT



Please consider including Tarrant Area Food Bank in your legacy plans through a will, trust, life insurance gift or other legacy gift. Through these special contributions, friends like you can help nourish our community for many years to come. To learn more about legacy planning, visit our website at tafb.org/donate. Simply follow the link to "Legacy Gifts" for a wealth of educational resources. Please contact Stephen Raeside, Chief Development & External Affairs Officer, for more information at 817.857.7125 or, stephen.raeside@tafb.org.



2600 Cullen Street Fort Worth, TX 76107 817.857.7100 tafb.org



Connect with Tarrant Area Food Bank:

