

Culturally Responsive Policy

Statement of Purpose

The purpose of Tarrant Area Food Bank's Culturally Responsive Policy (CRP) is to ensure our services meet the needs of all members of our diverse service area by offering culturally relevant food items and interventions. Honoring and considering one's culture promotes dignity amidst food insecurity. The policy aims to increase access to cultural food items and ensure the food that we source and distribute, and the service we provide, represents the preferences of our local communities. The policy aligns with the Dietary Guidelines for Americans and with our Tarrant Area Food Bank Nutrition Policy¹, as cultural considerations will help to change attitudes towards healthful eating. It is our aim that through greater cultural awareness, we can empower our community to alleviate hunger and improve health.

Culturally Responsive

Cultural responsiveness is defined as services that are respectful of, and relevant to, the health beliefs, health practices, culture and linguistic needs of diverse consumer/patient populations and communities. Tarrant Area Food Bank celebrates the diversity of all community members that we serve. Tarrant Area Food Bank aims to source and distribute culturally responsive food and provide culturally relevant interventions for the cultures represented in our 13-county service area.

Food and Culture Guide

Tarrant Area Food Bank has created the Food and Culture Guide, developed through research and community surveying, as a reference for food procurement. The guide also serves as a reference to increase awareness of cultural traditions, practices, and preferences to implement culturally responsive service interventions. As our service area grows in diversity, the food guide will continue to be developed, reviewed, and modified annually.



¹ <https://tafb.org/nutrition-policy/>